Educational Plan for the Annual Celebration of the Season of Nonviolence

“Education is the most powerful weapon we have to change society.” -- Nelson Mandela

Let us work together to overcome the unacceptable level of violence in our beloved country, the United States of America.

**PLAN OF ACTION**

Allow our youngsters to celebrate the SEASON OF NONVIOLENCE, from January 30 to April 4, assassinations of Mahatma Gandhi and Martin Luther King, Jr.

**ON SCHOOL GROUNDS WITH EXTRA-CURRICULAR CLUB ACTIVITIES**

Let the student council invite all presidents and vice-presidents of all the clubs at its school for the purpose of adopting the celebration of the Season of Nonviolence.

Let each club choose a weekly plan to promote a nonviolent lifestyle. See the following examples for a plan of action

1. Each day perform an act of kindness (all students)
2. To find ways to protect our natural environment and to reduce water consumption (Sierra Club)
3. To eat nourishing food to prevent obesity. (Home Economics Club)
4. To explore listening skills and refrain from foul language. (Debate Team)
5. To choose games, toys, entertainment and sports void of violence (Sports Clubs)
6. To list important historical events of nonviolent movements
7. To create Sadako Sasaki Peace Cranes. (Arts Club)
8. To treat all animals with kindness (Sierra Club)
9. To celebrate the success of the Season for Nonviolence make a collage of club activities

For each week choose a hero of nonviolence. See the following examples: Ruby Bridges, Rosa Parks, Cesar Chavez, Arthur Ashe, Senator John Lewis, Jacques Cousteau, Rachel Carson

Note: No teacher preparation, class time, or funds needed.

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[http://seasonofnonviolence.com](http://seasonofnonviolence.com)

Resources:

64 Ways to Practice Nonviolence by Eisha Mason and Peggy Dobreer

Institute for Peace and Justice website: [http://www.ipj-ppj.org/](http://www.ipj-ppj.org/)