

# Celebration of the Season of Nonviolence

Through Extra-Curricular Club Activities

January 30 to April 4 in Educational Institutions

Mahatma Gandhi Assassinated: January 30, 1948 •  
Martin Luther King Jr. Assassinated: April 4, 1968



*"Education is the most powerful  
weapon we have to change society." --*

*Nelson Mandela*

Web site: [seasonofnonviolence.com](http://seasonofnonviolence.com)

Report positive responses to this e-  
mail: [hsokonkwo@aol.com](mailto:hsokonkwo@aol.com)

## Educational Plan for the Annual Celebration of the Season of Nonviolence

Let us work together to overcome the unacceptable level of violence in our beloved Country. Contact your School Administrator and/or School Board Members at your local schools with this education plan. Let the halls of our public schools resound with the ideals and successes of nonviolence. Through knowledge empower the students with skills for a nonviolent life style. Keep Martin Luther King, Jr's DREAM OF NONVIOLENCE alive.



**SIGN THE PETITION**

Testimony of a Vice Principal

Endorsements

View our ad in the National PTA Magazine:  
Our Children (September 2018 Issue)

View our Support on the PTA.org Marketplace

## Plan Of Action

Let the student council meet with the presidents of all clubs. Let each club choose a weekly theme as suggested below and commemorate a hero each week.

## SUGGESTED WEEKLY THEMES

- Each day perform an act of kindness.
- Create Sadako Sasaki Peace Cranes.
- Treat all animals with kindness.
- Point out historical events of nonviolent movements.
- Explore ways to protect our natural environment.
- Choose games, toys and entertainment void of violence.
- Practice listening skills and refrain from foul language.
- Eat nourishing food and promote a healthy lifestyle.
- Practice to communicate effectively.
- Celebrate the success of the Season of Nonviolence.
- For each week choose a hero of nonviolence.

P.S. Erect a nonviolence flag at schools to be raised the day after no report of fights nor bullying.